



STUDENT NAME _____.

Log of Physical Activity To Meet Eighth Grade Physical Education Requirement

After participating in an activity, document the dates of the week, activity, and time spent in the activity. This log must be returned to meet the Physical Education requirement. The student must average 100 minutes of physical activity per week for the school year. Directed athletics and activities must comply with parameters established by the Everett Public Schools' policies and procedures. Certain hazardous activities are prohibited. The district has the right to reject any activity that is judged to be unsafe.

Use multiple forms if necessary.

Dates	Activity	Amt. Time (Minutes)		Dates	Activity	Amt. Time (Minutes)
TOTAL MINUTES				TOTAL MINUTES		

I verify that the student participated in an average of 100 minutes per week for the school year. (Approximately 3600 minutes)

Student Signature _____

Parent/Guardian Signature _____

Coach/Advisor Signature _____